



# Nelson Beach and Pool Carnival Weekend



**Saturday 25th and Sunday 26th January 2015**  
**Tahunanui Beach and Nayland Pool, Nelson**



## Saturday Program

**Saturday 25th Jan 2015**

**Tides:** High 1.13am 4.3m; Low 7.12am 0.2m; High 1.28pm 4.5m; Low 7.31pm 0.4m

10:00 a.m. Team Managers to submit all club competitor lists  
Note: 10-13 year old must have 200m badge for beach water events.

10-11.30 am Pre-Carnival Nipper Beach Training session at Tahunanui Beach  
Beach flags, surf swim/wade, and board paddling

## Nelson Senior Beach Carnival - Tahunanui Beach

U16, U19, Open, Masters

11.45 am Carnival Format and Safety Briefing

12-1 pm  
1. Beach Flags  
2. Beach Sprint and Relays

1-2 pm  
1. Surf Swim  
2. Board race  
3. Ski Race



## Nelson 50m Pool Comp - Nayland Outdoor Pool

U12, U14, U16, Open, Masters

3-7pm  
1. 100m obstacle swim + 4x50m mixed (2m+2f) relay  
2. Line throw (12.5m)  
3. 100m brick/manikin carry + 4x25m mixed (2m+2f) relay  
4. 50m fin swim + 4x50m mixed (2m+2f) relay  
5. 100m patient/manikin tow with tube + fins



# Nelson Beach and Pool Carnival Weekend



**Saturday 25th and Sunday 26th January 2015**  
**Tahunanui Beach and Nayland Pool, Nelson**



## Sunday Program

**Sunday 26th Jan 2014**

**Tides:** High 1.59am 4.2m; Low 7.57am 0.4m; High 2.14pm 4.3m; Low 8.18pm 0.5m

8:15- 8.45 a.m. Nipper Competitor Registration "Sign in - Numbers On" begins  
Beach Patrol / Water Safety Set up

### Nelson Nipper Beach Carnival - Tahunanui Beach

U8, U10, U12, U14 (combined age groups depending competitor numbers)

8.45 a.m. Carnival Format and Safety Briefing

- 9.00 a.m.
1. Beach Sprints (U10 @50m, U12 @60m, U14 @70m)
  2. Beach Relays x4 (U10 @50m, U12 @60m, U14 @70m)
  3. Beach Flags (U10 @10m; U12+U14 @15m)
  4. Surf Wade (U10) /Surf Swim Race (U12+14)
  5. Surf Relay x3
  6. Board Paddle Race (max spec = U10 - soft 8'10" / U12 - 8'10" / U14 - 10'6")
  7. Board Relay x3

12.30 pm Nipper Beach Carnival Presentations  
BBQ Lunch and fresh fruit provided BYO drinks.

|          |                               |                |                                      |
|----------|-------------------------------|----------------|--------------------------------------|
| Contact: | Nelson SLSC<br>Sports Officer | Ed Steenbergen | nelsonslsc@gmail.com<br>0273 727 241 |
|----------|-------------------------------|----------------|--------------------------------------|